

Folk Club Theme Night – Eat Your Words! – July 16th
Songs about food or drink may make you hungry, and then satiated. But what do they really mean?
See page 2

July 9 Showcase – Kevin Whalen

by Kevin

It was back in 2016 when I last won the showcase lottery, which coincided with the release of my first CD – *Late Autumn*. That accomplishment had been a bucket list item, but little did I know that the bucket was full of more music than I initially thought. Two more CD's of more original songs followed – *Life Is A Wonder* and *Lucky Thing*, along with *Under the Covers*, where I covered my favorite song of five of my fellow songwriters out here in the Shenandoah Valley.

But recording a CD had long been on my bucket list, so I recently reflected upon why I had become so much more prolific in my songwriting and performing since moving out here to Woodstock. I quickly realized that the various other places I had lived simply did not have the easily accessible and solid musical community that I found here in the valley, and that is what has made all the difference. Good musicians abound around here as do equally good song writers. Luckily, I became part of a great group of friendly, like-minded folks who spent time together listening to each other play songs as well as playing and sharing music.

Shortly thereafter, through our own Don Brown, I became familiar with and a member of the FCRH, where I found a similar musical camaraderie and got to know more good musicians and song writers. The “listening” aspect of the FCRH is great for all musicians, but as a songwriter it is uniquely special to know people are paying close attention to a song you worked hard to create.



Finding these two special musical communities was integral to my creativity blossoming into writing more songs and performing much more as well. I am super thankful for that good fortune. But on a deeper level, I also realized that I had finally fully embraced that songwriting was not just important to who I am, but essential to who I am. I have reached a point where I no longer just want to write songs – I need to write songs. It has become a part of my DNA.

I will be playing songs from those three original CDs mentioned above and perhaps one from my upcoming CD, which is planned for release early next year. My good friend Paul Tangren will be accompanying me during the showcase. Hope to see you there.

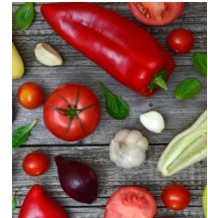
Editor's note – You can learn more about Kevin's music at his website, and see his new trio Massandoah, which includes Paul Tangren, at these websites: www.kevinwhalenmusic.com and www.massandoah.com.

THE FOLK CLUB

of Reston & Herndon

Theme Night: Eat Your Words!

July 16



Al Hobson suggested this theme, which has almost endless song possibilities. Some of the food or drink songs he thought of are: *Cheeseburger in Paradise*, *Yes We Have No Bananas*, *Sugar Sugar*, *Country Pie*, *Coconut*, *Brown Sugar*, *Homegrown Tomatoes*, and *Jambalaya (On the Bayou)*.

Some food songs are straightforward, some are metaphorical, and some (most?) have ulterior motives with suggestive lyrics, like *Brown Sugar*. In fact, even when food is mentioned innocently it just seems sexy in some way, doesn't it? Even *A Taste of Honey* by Tony Bennett (and The Beatles) isn't immune from the effect, and the cover of the Herb Alpert & The Tijuana Brass album "Whipped Cream & Other Delights" says more than words can say.

Here are some songs about vittles: *Food Glorious Food*, *Vegetables*, *Canned Goods*, *Day-O*, *Red Red Wine*, *One Bourbon One Scotch One Beer* – just to name a few. An internet search shows many songs that are unknown to baby boomers (like me) but are probably well-known to later generations. It would be interesting to hear some of those. And some of our songwriters may have written their own food songs.

Then there is Weird Al Yankovic, with quite a few songs like *Eat It*, and *I Love Rocky Road*, parodies of popular songs that he skewered by substituting food lyrics. He even released *The Food Album* (well, his record company did – in spite of his distaste).

There are so many different types of food songs to play in various musical genres. This should make it easy for open mic musicians to come up with songs, and hopefully not step on each other's toes (choosing the same song).

So come to see what food and drinks your friends choose to share. We'll all get a bite or a sip – no calories and no bloat. It's sure to be a filling meal, and everybody will get a taste.

Note: The theme nights have been going since 2016, and they are fun and often result in surprising song choices. They're an opportunity to try something a little different and have a good time with it. We encourage performers to play songs that fit the theme. Of course, that doesn't mean it's required: anyone who signs up on this night can play whatever they want, and that will be fine, too. But everyone will appreciate those who find fitting tunes to share.

CLUB INFO, ETC.

Volunteer Needed to Maintain Our Photo Albums

The Folk Club has several photo albums /scrapbooks with pics and other memorabilia. We are looking for someone to maintain them and keep them safe so we can access them occasionally. These were kept by Dave Hurd, and Beth Drumheller recently turned them over to us. Lynn Romano has a few items saved by Jim Rosenkrans that we might want to add to the collection. See Al or Ben if you are interested.

July 30th is a Fifth Tuesday

When there's a fifth Tuesday in a month the open mic at the Amphora is unplugged. So on July 30th the performers and stage manager won't have to worry about plugging in or mic positioning, musicians won't have to ask "Can you hear me?" and the sound crew gets a break. The music will be as it was before sound was converted to electrical impulses: all-acoustic, all-natural.

Zoom Open Mics

Every other Monday night Al Hobson hosts bi-weekly virtual Folk Club open mics on Zoom. The dates this month are Monday July 8th, and Monday July 22nd. If you'd like to watch and listen, or share some songs, send an email to Al Hobson at alhobson@verizon.net by Sunday evening. Let him know if you plan to perform or listen and he'll send you the Zoom link for the 7:30 PM show.

Open Mic Playback

If you would like to see a video recording of the Tuesday night open mic, go to the folkclubofrestonherndon.org [Event Calendar](#). Select the link below the date, then the YouTube link. It's uploaded by the next day.

Note: If YouTube says it's blocked, right-click the link, then choose the option to open the link in a new tab or window.

MUSICAL NOTES



Arts Barn Music

- Sat Jul 6 at 7 PM, House of Hamill plays everything from jigs & reels to folk ballads, with energy.
- Sat Jul 20 at 7 PM, Jim Fowler and Steven Cutts in a co-bill including some collaboration.
- Go to artsbarnmusic.org for more information

Focus Music

- Go to www.focusmusic.org for more information.

World Folk Music Association (WFMA)

- Go to www.wfma.net/index.htm for more information.

Folklore Society of Greater Washington (FSGW)

- Wed Jul 31, 12 - 1 PM, Swanky Kitchen Band, Live at the Library!, Cayman Islands trad, at the Library of Congress, Washington, DC - free but tickets needed.
- Go to fsgw.org for more information.

Institute of Musical Traditions

- Go to www.imtfolk.org for more information.

Also of Note

- Wed July 10th at 7:00 pm, Grace Pettis & Robby Hecht at Earp's Ordinary, 10420 Main Street, Fairfax, VA
www.earpsordinary.com

MEMBER PERFORMANCES & INFO

Bill Davis – email: bil-davis@outlook.com

Chris Anderson ChrisAndersonSongs.com

Ron Goad – email: MisterGoad@aol.com

Jan Gillies www.jangilliesmusic.com

Hickory Grove (Bev & Jack Osburn) www.hickoryg.com

Stevie Wade Potter – acoustic musician
www.steviewademusic.com

Sherry Stewart (Sunny@Midnight)

- Fri Aug 16 at 7:30 PM, Lake Accotink Park, Springfield, VA, free concert presented by Fairfax County Parks.
www.facebook.com/SunnyatMidnightMusic

Steven Cutts ThePrimeCutts.com and Spotify, Apple Music, and Soundcloud

Audrey Adair AudreyJAdair.com

Shenandoah Run (including Bob Melissinos, Ben Hamblin, Jim Johnson) www.shenandoahrun.com

- Fri Jul 19 at 7:30 PM, free concert at Lake Accotink Park, Springfield, VA

The Two Peas (Ann Granger and Larry Rice) - Harmony in Acoustic Music – twopeasharmony@gmail.com

Chasing Magic (including John Druitt, Al Hobson, Walt Lazear) chasingmagic-theband.com

- Sat Jul 27, 7 to 10 PM, Concert on Lake Thoreau, Reston, VA

George Katsos georgekatsos.com



of Reston & Herndon

Meets Tuesday nights, at 7:15 PM ET at Amphora Diner Deluxe,
1151 Elden Street, Herndon, VA

President: Al Hobson **Treasurer:** Jen Katt
Board of Directors: Bill Davis, TM Hanna, Ron Goad, Sue Schier, Ben Hamblin, Bill Farrar, Connee Chandler, Jim Clark, Nancy Truax, Steve Potter
Publicity: Dan Telfer, Kevin Nordlie
Bookings: Steve Potter
Newsletter: Ben Hamblin, Dan Grove, Steve Potter
Website: Al Hobson, Ben Hamblin
Facebook: Ben Hamblin
Lifetime Members: Rose Haskell, Ray & Ellen Kaminsky, Dave Hurd (in memoriam) & Beth Drumheller

FOLK CLUB FORMAT

Most Tuesday nights the Folk Club is an open-mike format with a signup board. Each performer has 8 minutes, which includes setup time.

SHOWCASE PERFORMANCES

On the 2nd Tuesday of the month (usually), we feature a "Showcase" of a Folk Club member in a 24-minute performance. To do a Showcase you must: 1) be a paid-up Folk Club member who has not done a showcase in the last 12 months; 2) fill out a lottery slip and place it in the "drawing bucket"; 3) win the drawing on the night of the current month's showcase; and 4) be prepared to be featured in the next newsletter!

NEWSLETTER PUBLICATION

Folk Club members are encouraged to submit performance calendars, classified ads, articles, reviews, and other music-related items for the newsletter. Items will be published on the basis of music-related interest, timeliness, and available space. Send your input to newsletter editor Ben Hamblin at FolkClubOfRestonHerndon@gmail.com.

RESERVE YOUR CONCERT SEATS

Donations can be made in advance for Guest Artist concert performances on Tuesdays at the Folk Club or by prepaid mail. Contact Jen Katt, 13529 Wood St, Woodbridge, VA 22191-1338, treasurer.folkclub@gmail.com.

The Folk Club of Reston & Herndon
c/o Jennifer Katt
13529 Wood St
Woodbridge, VA 22191-1338

FOLK CLUB MEMBERSHIP

If you enjoy the music and company, become a member! The process is the same if your membership has expired. Make out a check to "The Folk Club" in the amount of \$15 for one year or \$55 for 5 years. Please DO NOT make the check to Jen Katt. Send the check to: The Folk Club of Reston & Herndon; c/o Jen Katt; 13529 Wood St; Woodbridge, VA 22191-1338. Please provide your name, email address, phone # and type, and residential address. Sorry, we cannot accept online payments.

KEEP IN TOUCH

There are several ways you can keep in touch, or find out more about The Club: **Website:** FolkClubOfRestonHerndon.org
Facebook: Search for "The Folk Club of Reston-Herndon" (<https://www.facebook.com/rhfolkclub>)
General Info: Contact Sue Schier at (703) 435-2402

CLASSIFIEDS

MUSIC GEAR

- For sale: Gold Star GF100HF \$1143.28. Cordoba 28T \$123.47. Matching Red Valley Mandolin and Mandola \$2231.53. For more info, etc. contact TM at pressroom@birdphluph.com.

- For sale: A signed Keith Young lap dulcimer made in November of 1980, #557. It is in excellent condition but has not been played in many years. Cloth case included. Selling for \$444 OBO. Please contact Shana Spiegel at shana.spiegel@gmail.com or 703-899-5144.